

SOUTH CENTRAL BEHAVIORAL HEALTH REGION  
**FY20 CHILDREN'S BEHAVIORAL HEALTH SERVICES**

**IMPLEMENTATION PLAN**

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**South Central Behavioral  
Health Region**

SUBMITTED  
4/28/2020

**GEOGRAPHIC AREA:** *Appanoose, Davis, Mahaska and Wapello*

**APPROVED BY ADVISORY BOARD:** 4/27/2020

**APPROVED BY GOVERNING BOARD:** 4/27/2020

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# CHILDREN’S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN FOR FY19/20

Each mental health and disability services region shall submit to the department of human services an implementation plan to implement the children’s behavioral health services described under section 331.397A, as enacted in HF690, no later than April 1, 2020.

## A. Creating A Regional Children’s Advisory Committee

The Region values community stakeholder input and is in the planning stages of developing a plan to establish a Regional Children’s Behavioral Health Services Advisory Committee.

South Central Behavioral Health Region’s Adult Advisory Committee met on June 6th, 2019 and formed a committee to work towards establishing the framework to hold Children’s Stakeholder MGTINGs. The committee meet via conference call; the decision was made by the committee that holding meets locally alongside of other established children’s committees to include CPPC, Child Alliance and the Davis County coalition would help increase collaboration and attendance. The Children’s Stakeholder meetings were held between July and September 2019. The process included and was encouraged to send a letter of interest to Jennifer Robbins at [Jennifer.Robbins@scbhr.net](mailto:Jennifer.Robbins@scbhr.net). Letters of interest were presented to the Governing Board and the Governing Board appointed the committee members aka Children’s Advisory Committee. SCBHR CEO Jennifer Robbins responded to the letters of interest in writing/via email to confirm the appointment of the request. The first Children’s Advisory Committee meeting was held on November 7th, 2019 there after each Children’s Advisory Committee will be held the first Thursday of each month.

### 1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
<i>August 7th</i>	<i>Davis County Children’s Stakeholder MGTING held</i>
<i>September 5th</i>	<i>Wapello County Children’s Stakeholder MGTING held</i>
<i>September 11th</i>	<i>Appanoose County Children’s Stakeholder MGTING held</i>
<i>September 25th</i>	<i>Mahaska County Stakeholder’s MGTING held</i>
<i>October 24th</i>	<i>Regional Children’s Stakeholder MGTING held</i>
<i>November 7th– to current</i>	<i>Regional Children’s Advisory MGTING held/ The board approves as interest is requested all positions have been filled at this time. Approval moving forward will be for specialty providers.</i>

<u>Attendance</u>	
	<i>Please see attached documents</i>

## 2. Regional Children’s Advisory Committee

<b>Member</b>	<b>Representing</b>
Lorraine Uehling–Techel	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services – Appointed
Julie Caraccio	The Education System (Principle at the Centerville Community Schools)
Jamie Beskow	Early Childhood Advocates (First 5 with Lee County Health Dept)
Deb Pumphrey	Child Welfare Advocates (Respite Connection/CASA)
Christina Scharck	Children’s Behavioral Health Service Providers (Southern Iowa Mental Health Center)
Patty Rathe/Ashley Evans	The Juvenile Court System
Cheryll Jones	Pediatricians (Child Health Specialty Clinics/U of I )
Theresa Sammons	Child Care Providers (YMCA)
Chris Donahoo	Local Law Enforcement–Centerville School Resource Officer
Jerry Parker	Regional Governing Board Representative

## B. Regional Governance Board Changes

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and children’s behavioral health services as outlined in Iowa Code. The Region is in the planning stages of identifying the timeframes to change the Regional Governance Board composition.

### 1. Process and Time Frames

<b>Targeted Completion Date</b>	<b>Activity</b>
December 7 <sup>th</sup> , 2019, 2020	Children’s Advisory Committee members recommended members to set on Governing Board
Feb 20 <sup>th</sup> , 2020	The first SCBHR Governing Board which included the new voting and ex–officio member took place.

### 2. Regional Governing Board

<b>Member</b>	<b>Representing</b>	<b>Voting Member</b>
Ron Bride	Davis County Board of Supervisors	Yes
Jerry Parker	Wapello County Board of Supervisors	Yes
Steve Wanders	Mahaska County Board of Supervisors	Yes
Linda Demry	Appanoose County Board of Supervisors	Yes

TBD * Regular Director	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services - The region actively engages with members of the Adult and Children's Advisory Committees to encourage those members to help the region to identify a member that would fill this role. CDS/SW talk with members on their case load and at Recovery Centers to advocate for involvement on the Governing Board. This is an ongoing effort and will continue until the role is filled.	Yes
Lorraine Uehling-Techel * Regular Director	Parents/Actively Involved Relatives of a Child who Utilizes Children's Behavioral Health Services ( <i>designated by the regional children's behavioral health services advisory committee</i> )	Yes
Cindy Yelick * Regular Director	The Regional Education System ( <i>designated by the regional children's behavioral health services advisory committee</i> ) Great Prairie AEA	Yes
Christina Scharck	Regional MHDS Adult Service Providers ( <i>designated by the regional adult mental health and disability services advisory committee</i> ) SIMHC	No
Cheryll Jones	Regional Children's Behavioral Health Service Providers ( <i>designated by the regional children's behavioral health services advisory committee</i> ) U of Iowa	No

\*Each County–Appointed Director and Regular Director shall have one vote, except Regular Directors shall have no vote regarding (1) any budget, including any amendments and revisions thereof, and (2) any levy recommendation. Nonvoting Directors shall have no vote.

## **C. Regional 28E Agreement Amendment**

There is an existing regional 28E agreement between the counties in The Region. The Region is in the planning stages of identifying the timeframes to amend and file the regional 28E agreement.

### **1. Process and Time Frames**

<b><u>Targeted Completion Date</u></b>	<b><u>Activity</u></b>
Nov 2019–Jan 2020	Presented the Amended 28E to the SCBHR Governing Board for recommendation of approval to all county members
March 2020	Obtained all County Resolutions from county members approving amendments to the SCBHR 28E
March 2020	SCBHR Governing Board Approved Amended 28e and fully executed document
March 2020	28 Filed with Secretary of State

## **D. Regional Staff Changes**

The Region is in the planning stages of identifying staffing needs by the Region to implement the new children's behavioral health services coordinator position and other anticipated staffing need to implement the new Children's Behavioral Health core services. The planned process and timeframes are listed below.

### **1. Process and Time Frames**

<b><u>Targeted Completion Date</u></b>	<b><u>Activity</u></b>
July 2019–Nov 2019	CDS/SW's along with CEO discussed CDS/SW's caseload, organization projects, program commitments to determine the feasibility of additional role of a Children's Care Coordinator implemented into a current job position. Due to CDS other tasks it was determined that the region would need to hire a new coordinator.
December 7 <sup>th</sup> , 2019	SCBHR approved the hiring of a Children's Care Coordinator at SCBHR Governing Board MGTING
January 8 <sup>th</sup> , 2020	Budgeted for a Children's Care Coordinator in FY21 Budget
April 2020	Post Children Care Coordinator Position
May 2020	Begin Interviewing for Children Care Coordinator Position
June 30, 2020	Offer Position to Care Coordinator and hire care coordinator

## **E. Regional Management Plan Changes**

The Region is in the planning stages of identifying the timelines and integration of the new children's behavioral health services requirements into the Regional Policies and Procedures Manual and the Regional Annual Service and Budget Plan.

### **1. Process and Time Frames – Regional Policies and Procedures Manual**

<b><u>Targeted Completion Date</u></b>	<b><u>Activity</u></b>
May 15 <sup>th</sup>	Amend the Regional Policies and Procedures Manual.
May 7 <sup>th</sup> , 2020	Submit Amended Regional Policies and Procedures to Advisory Boards for approval.
May 7 <sup>th</sup> , 2020	Submit Amended Regional Policies and Procedures to Governing Board for approval.
May 15 <sup>th</sup> , 2020	Submit Amended Regional Policies and Procedures to DHS for approval. (Rules require Regions to submit the amendments to DHS 45 days prior to implementation.)

**2. Process and Time Frames – Annual Service and Budget Plan**

<b><u>Targeted Completion Date</u></b>	<b><u>Activity</u></b>	<b><u>Resources (Low-Medium-High Staff Time, Funding, Etc.)</u></b>
<p>March 24<sup>th</sup>, 2020 April 1<sup>st</sup>, 2020</p>	<p>Annual Service Budget Plan approved by the Advisory Committees and SCBHR Governing Board</p> <p>Submitted to the DHS</p> <p>SCBHR and the Children Advisory Committee members have put together a concept map that identifies all service areas identified in code. (Please see attached). Service Coordination will be available in each one of the four counties (Appanoose, Davis, Wapello and Mahaska) The Children’s Care Coordinator will be housed in the Wapello County Office however will be traveling to all counties for face to face meeting with both providers, family members/child, stakeholders, other collaborates and other community partners to include the education system, schools, court systems, etc. Regardless of funding care coordination will be available for any child who has a need. At current the region has identified that Assessment and Evaluation, Medication and Prescribing and Management, Early Intervention, Outpatient Therapy, Education Services and Prevention are all available in the region (please see attached concept map for further drill down of service providers). SCBHR FY21 core service requirements (July 2020) have been budgeted and will be provided based on eligibility requirements being met. Please find behavioral health service provider network in concept map attachment.</p>	<p>High staff time as the region hired an outside consultant to work with the children’s advisory committee to put together a concept map. Hiring of a Children’s Care Coordinator is high with no funding.</p>